



Preliminary Program

ZIMMER BIOMET Institute*

Programme

Thursday 13th October 2022

08:30 Setting the scene

Session I - Can we make it pain free and faster? Enhanced recovery arthoplasty

- 09:00 What is possible?
- 09:10 Understand the local and systemic response to surgery
- 09:18 Medication: what is the recipe for success?
- 09:26 What should you ask your anaesthetist?
- 09:34 Same-day surgical procedures
- 09:42 What is the safety profile of fast tracked procedures?
- 09:50 Get your patients up and going
- 09:58 Ask the Experts
- 10:25 Final words of wisdom

10:30 Coffee break

Session II Hip - How to get it right the first time? Optimizing primary hip arthroplasty

- 11:00 Planning for success
- 11:05 What I do in my practice everyday
- 11:13 Using technology to help us
- 11:21 Ask the Experts
- 11:36 Performance for success
- 11:41 The tools I use to get it right
- 11:49 Robotic THA: the story so far
- 11:57 Rosa Hip surgical steps video recorded
- 12:02 Robotic THA in daily practice
- 12:10 Ask the Experts
- 12:25 Final words of wisdom

12:30 Lunch break

Session II Knee - How to get it right the first time? Optimizing primary knee arthroplasty

11:00 Personalize arthroplasty

- 11:05 Offer UKA to eligible patients
- 11:15 UKA: get it right the first time
- 11:21 UKA: get it right the first time
- 11:27 Ask the Experts
- 11:45 Your choices to optimise TKA
- 11:55 Technology to improve performance
- 12:05 Ask the Experts
- 12:25 Final words of wisdom



Session III - Implant durability under stressful conditions

- 14:00 The obese osteoporotic patient
- 14:05 The implant of choice in Europe
- 14:13 The implant of choice in North America
- 14:21 Ask the Experts
- 14:36 The weekend warrior patient
- 14:41 Contemporary concepts in joint loading
- 14:49 Optimal bearing choices
- 14:57 Is it time to reconsider cementless fixation in TKA?
- 15:05 Ask the Experts
- 15:25 Final words of wisdom

15:30 Coffee break

Session IV Hip - Challenge accepted: the young and active patient

- 16:00 The 25 year old runner
- 16:05 When is the right time for surgery?
- 16:13 Patient preparation and mindset
- 16:21 How to approach the high performance hip
- 16:29 Ask the Experts
- 16:41 The 40 year old dancer
- 16:46 Which implant performs best?
- 16:54 How to get leg length right
- 17:02 How can technology help
- 17:10 Ask the Experts
- 17:25 Final words of wisdom

Session IV Knee - Challenge accepted: the young and active patient

- 16:00 My experience with compartmental knee arthroplasty
- 16:05 Medial uni is the solution: ignore the patella
- 16:12 Pragmatic approach to compartmental knee arthroplasty
- 16:19 Lateral UKA make my best patients
- 16:26 The patient I select for simultaneous bilateral uni
- 16:33 The true value of multi compartmental knee arthroplasty
- 16:40 Technology in multi-compartmental knee arthroplasty
- 16:47 Ask the Experts
- 16:57 Case discussion
- 17:25 Final words of wisdom

- 17:30 Interactive sessions
- 18:30 Closure



Friday 14th October 2022

8:00 Interactive sessions

Session V - What keeps you up at night?

- 09:00 Introduction case 1
- 09:02 The early dislocation
- 09:06 Ask the Experts
- 09:21 Introduction Case 2
- 09:23 The draining arthroplasty wound
- 09:27 Ask the Experts
- 09:42 Introduction Case 3
- 09:44 The "terrible leg" early after arthroplasty
- 09:48 Ask the Experts
- 10:03 Introduction Case 4
- 10:05 The patient heard a "crack" and couldn't bear weight
- 10:09 Ask the Experts
- 10:25 Final words of wisdom

10:30 Coffee break

Session VI Hip - Hip instability: case based learning

- 11:00 Introduction Case 1
- 11:05 Case discussion
- 11:15 It's all about the hip-spine relationship
- 11:20 Ask the Experts
- 11:25 Introduction Case 2
- 11:30 Case discussion
- 11:40 Dual Mobility is it the solution?
- 11:45 Ask the Experts
- 11:55 Introduction Case 3
- 12:00 Case discussion
- 12:10 The recurrent dislocating hip
- 12:15 Ask the Experts
- 12:25 Final words of wisdom

Session VI Knee - How to prevent instability in TKA

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- 11:00 Instabilty in TKA: a reality
- 11:05 Implant positionning: where does the knee belong?
- 11:12 Functional alignment using robotics
- 11:19 What about the patella?
- 11:26 Ask the Experts How I balance a knee
- 11:36 Customized implant
- 11:43 Flexion first technique
- 11:50 Extension first technique
- 11:57 From PSI to robotic
- 12:04 Choosing the proper constraint is still key
- 12:11 Ask the Experts
- 12:25 Final words of wisdom



12:30 Lunch break

Session VII - The fight against Bacteria

- 14:00 Patient impact statement
- 14:05 The difficult diagnosis
- 14:13 Expanding the diagnostic tool kit
- 14:21 The current role of imaging and radiology
- 14:29 Ask the Experts
- 14:45 Single stage revision the critical ellement
- 14:53 Would you consider a DAIR?
- 15:01 2 stage revision: the good and the bad
- 15:09 Ask the Experts
- 15:25 Final words of wisdom

15:30 Coffee break

Session VIII Hip Complex primary hip arthroplasty

16:00	Identifying and addressing the
	challenges

- 16:05 DDH: it's all about the socket
- 16:13 DDH: where are the pitfalls on the femoral side?
- 16:21 Dealing with deformity
- 16:29 Ask the Experts
- 16:45 THA following acetabular fracture
- 16:53 THA following failed hip fracture
- 17:01 THA in the presence of metastatic disease
- 17:09 Ask the Experts
- 17:25 Final words of wisdom

Session VIII Knee Complex primary knee arthroplasty

- 16:00 Surgeons nightmares 16:05 My experience in patients following osteotomy The stiff postraumatic TKA 16:12 16:19 How to deal with tibial and femoral extra-articular deformities 16:26 Getting on track a chronically dislocated patella 16:33 Ask the Experts 16:48 Bone displasia: a tough job 16:55 Hyperextension: surgical solutions
 - and implant choice
- 17:02 Morbidly obese: what's best?
- 17:09 Ask the Experts
- 17:25 Final words of wisdom

- 17:30 Interactive sessions
- 18:30 Closure



Saturday 15th October 2022

8:00 Interactive sessions

Session IX Hip - Hip Revision: Can we make the first-time revision, the final one?

09:00	Making every revision reliable and
	reproducible
09:05	Classification and Planning:
	the foundation for success
09:12	Using a Hemispherical Cup
	what I do & why

- 09:19 Using a Modular Taper Fluted Stem what I do & why
- 09:26 Ask the Experts
- 09:42 Dealing with major bone loss
- 09:47 Porous Metal Augments what I do & why
- 09:54 Cup-cage what I do & why
- 10:01 Custom-made Implant what I do & why
- 10:08 Ask the Experts
- 10:25 Final words of wisdom

10:30 Coffee break

Session X - What's next?

- 11:00 Learning from the giants
- 11:45 A glimpse of the future in arthroplasty
- 12:10 The highlights: be ready for Monday!
- 12:30 End of the Symposium

Session IX Knee - Knee Revision: Can we make the first-time revision, the final one?

- 09:00 Cases discussion: focus on fixation Ask the Experts
- 09:45 Cases discussion: solving stiffness Ask the Experts
- 10:25 Final words of wisdom



Chairs

Prof. Peter Aldinger Orthopädische Klinik Paulinenhilfe, Diakonieklinikum, Stuttgart Germany

Dr. Andrea Baldini I.F.C.A. - Casa di Cura Ulivella e Glicini, Firenze Italy

Mr. Stephen Jones Cardiff & Vale University Health Board, Cardiff U.K.

Prof. Anders Troelsen Copenhagen University Hospital, Hvidovre Denmark

Information

Course Information

An opportunity to join fast-paced case discussions, presentations and interactive sessions, to reflect on whether today's arthroplasty solutions and practices sufficiently meet patients', practitioners' and hospital managers' needs and to explore relevant areas for advancements.

Course Venue

Madrid Marriott Auditorium Hotel & Conference Center Madrid, Spain

Language

English

Target Audience

Experienced hip and knee arthroplasty surgeons, interested in how technologies and patient pathway optimization can improve the patient journey.

Course Accreditation

Awarded by the Royal College of Surgeons of England



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